

# Gift Ideas For Seniors

Choosing a gift for your older loved ones...what a great feeling to find the perfect gift! However, there are times when the perfect gift idea eludes you. If that happens, we would like to help. Here is a list of gift suggestions for older adults. Of course, choosing the appropriate gift will depend on the health, energy and living arrangements of your loved one.

## Gift Certificates

- ▶ Crafts Store
- ▶ Fitness club
- ▶ Gardener
- ▶ Groceries
- ▶ Hair salon
- ▶ House cleaning
- ▶ Pedicures & manicures
- ▶ Restaurants



## Games

- ▶ Scrabble
- ▶ Crossword puzzles
- ▶ Deck of cards (large print)
- ▶ Puzzles (large pieces)

## Music & Audio

- ▶ Books on tape
- ▶ Classical and big band music tapes
- ▶ Family and friends news update
- ▶ Music box
- ▶ Old radio programs on tape
- ▶ Talking or singing toy animals

## Clothing

- ▶ Cardigan sweaters with large buttons
- ▶ Dresses that open down the front
- ▶ Pajamas, warm robes and yoke-neck nightgowns
- ▶ Shawls
- ▶ Slippers and socks
- ▶ Sweat suits with zippers



## Gift Baskets

- ▶ Hygiene and beauty items: moisturizers, perfumes, compacts, soaps, etc.
- ▶ Potpourri, sachets, etc.

## Pictures

- ▶ Grandma/Grandpa album
- ▶ Framed family pictures



## Subscriptions

- ▶ Reminisce magazine
- ▶ Readers Digest (large print)
- ▶ Special interest magazines
- ▶ Shopping clubs



## Miscellaneous

- ▶ Computer tablet/iPad
- ▶ Flowers & plants
- ▶ Internet access / Cable TV
- ▶ Magnifying light
- ▶ Portable, cell, smartphone
- ▶ Video call service
- ▶ Pull carts for groceries
- ▶ Safe devices: whistles, etc.
- ▶ Small stuffed animals
- ▶ Stationery & colorful stamps
- ▶ Telephone receiver with volume control, large buttons
- ▶ Video games & internet services designed for seniors
- ▶ Transportation tickets



**Senior loved ones often treasure gifts of your time and companionship.**

Again, be aware of health, energy and living arrangements. Short (and frequent) visits may be preferred to long visits. If you cannot visit as often as you would like, you can contact churches and other organizations who visit seniors as a community service. They are happy to help.



## Keepsake Companions

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